



CRASH TEST REVISED

GREECE, 24 – 31/ 03/2010

A six-day Grundtvig Workshop on the topic of conflict management in the context of the European Lifelong Learning Programme.

The aim and the learning objectives

Grundtvig Workshops is a completely new form of mobility offered to adult learners through the Lifelong Learning Programme. The Workshops bring together individuals or small groups of learners from several countries, for an innovative multinational learning experience relevant to their personal development and learning needs.

“Crash test revised” general aim is to provide the participants with the most recent knowledge and relevant competences on the subject of conflict management. The learning objectives are formed in that way in order to affect the participants’ level of knowledge, plurality of abilities, competences and beliefs.

The term ‘*conflict management*’ refers to the process of recognition and control of a possible conflict and its arrangement in logic, fair and non-violent way. Although the term ‘*conflict*’ by itself has a negative meaning, the training on the topic of conflict management can contribute to the personal and interpersonal development and the improvement of the quality of every human relationship.

Furthermore, the ones who will benefit from the workshop “Crash test revised” are not only the ones who will attend it, but also their close environment. The adult learners will obtain through their participation to the workshop the knowledge and the competences to act as solvers and as catalysts to the daily conflicts they might face. In other words, the participants’ family, friends, colleagues and in general the society will be the indirect beneficiaries of the workshop.

The learning objectives

The participants will:

- ✓ Recognize the reasons of a conflict and understand its negative consequences.
- ✓ Define the human rights in order to be aware of their violation during a conflict.
- ✓ Get ready to perceive in time the signs of a possible conflict, so to act appropriately before it manifests itself.
- ✓ Learn to express and manage their feelings and they will develop their communication skills in order to be ready to solve quickly and peacefully every conflict.
- ✓ Perceive how many different and alternative ways there are to solve a conflict.

The **draft programme** of the Workshop is as follows (excluding the arrival and departure day):

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| Day 1 | Getting to know each other - acquaintance between participants and countries. Introductory information on the workshop. |
| Day 2 | Introduction in the non-formal experiential learning. Exercises and discussion on: recognition, acceptance and expression of sentiments, self-esteem, communication paths. |
| Day 3 | Human rights during conflict management (ICT based presentation). Decision making processes. |
| Day 4 | Conflicts in inter-personal, social and international terms. Educational visit to the “Woman’s Home”. |
| Day 5 | Intercultural conflict management: stereotypes, racism and xenophobia. |
| Day 6 | Educational visit to the Health Promotion office. Seminar evaluation. Presentation of future plans for cooperation. |

Eligible Countries

According to the "Lifelong Learning Programme", the workshop is open to participants from:

- The 27 EU Member States
- Iceland, Liechtenstein, Norway (the "EFTA-EEA countries")
- Turkey

Profile of the participants

The potential participants are **adult learners**:

- a) From different, economical, social and cultural backgrounds, who experience conflict in different settings (ex. family, community, job etc)
- b) NGO volunteers and trainers on lifelong learning education

The participants should fulfil all the following criteria, thus they should be:

- ✓ aged 18 or above;
- ✓ motivated on the topic of conflict management;
- ✓ able to use English as a working language;
- ✓ ready to fulfil an open and active role in the workshop;
- ✓ able to attend the full duration of the workshop.

Working methods

The workshop will be based on **non-formal education**, a learning and training process, operating outside the routines of the formal educational system. It will be based on the *learning by participation* methodology, taking into account the participants' needs and interests. Training will be not a neutral, invisible process, but it will be flexible, combining experience and theory. It will encompass involvement, exchange of experience and it will require willingness to giving and receiving support. This methodology provides the participants with the skills and the ability to act, and aims to cultivate empowerment and growth.

The methods employed over the 6 days of the workshop will be:

- ✓ visual presentations
- ✓ group work, group discussions and brainstorming
- ✓ theatre games and role plays
- ✓ study visits
- ✓ case studies
- ✓ group debates

Working language

English

Dates and place

The Grundtvig Workshop “Crash Test Revised” will take place from 24 to 31 March 2010 in Lithotopos, Serres, located in the northern part of Greece.

The hotel “Erodios” (www.hotel-erodios.com) will accommodate the participants, providing meals and ensuring the quality of staying.

Financial conditions (food, accommodation, travel)

100% of travel expenses (upon presentation of the relevant documents), food and accommodation will be covered by the Lifelong Learning Programme.

AENAO's Profile

The N.G.O. Aenao was established in 2006 in Thessaloniki, Greece. It occupies a group of scientists - volunteers, and is coordinated by experienced scientists. AENAO aims to:

- Promote health, creating networks and implementing projects based on non formal education and learning by experience methodology.

- Develop the consciousness of community of health.
- Inform the community on issues regarding science in the broad sense, culture, religion and education.
- Design programs that encourage social cohesion, protect the human rights and respect the environment.
- Undertake national and international collaboration with reliable agents, in order to exchange experience and best practices.
- Empower women to take initiatives and improve their socio-economic status
- Empower young people, enhance and build their personal skills.
- Inform society on innovative programs and activities which are consistent with the organization's aims and disseminate their results through conferences, seminars, meetings, etc.
- Organize campaigns and initiatives that benefit the society.

AENAO's educational material in the field of health promotion has been recognized by the national educational authorities and has been recommended for the school curriculum. AENAO is an active member of the INGO "Healthy network".

Want to know more? Please find more information on the AENAO website: <http://aenao.org>

Application, procedure and selection of participants

The deadline for applications is on **25 of November 2009**.

All applicants will be informed about the selection till 25 of January 2010.

The selected participants will receive additional information about the Programme, as well as further travel and logistical arrangements.

Please send your completed Application Form by e-mail before 25 of November to: anna@aenao.org