

Co-funded by the
Erasmus+ Programme
of the European Union



STEP FORWARD!

An eight-days Training Course to
develop the competences for
implementing international projects
in the context of the Erasmus+ KA1

Erasmus + KA1

Learning mobility for individuals

Youth Mobility

Thessaloniki, GREECE

STEP FORWARD!

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Erasmus+ enables young people to go abroad, to meet peers from different countries with different social and cultural backgrounds and to learn from each other through an active participation in joint activities of common interest. It allows young people to experience Europe and so to feel more European citizens.

Do you feel blue some days? Are you tired of the daily routine?

Let's go abroad and discover alternatives!

“Step forward” can be your new resolution;

After all it's fun to take action!

Project Summary



“Step forward” is an eight-days training course based on learning by participation methodology and aims to promote the Erasmus+ program - opportunities of KA1- in the aspect of raising awareness, increasing knowledge and building the skills of youth workers, educators and leaders. The target group will act in their turn as multipliers in local, national and international level, implementing projects in the frame of E+.

The learning opportunities

The project will be based on non- formal education and particular emphasis will be given on the learning by participation methodology and experiential learning. The training will consist of intense and short live activities with innovative materials, such as team work, role- playing, brainstorming, movement games, behavioral rehearsal, steam groups, feedback, etc. Furthermore, simulation activities will provide ways on implementing qualitative EU projects.

The project aims to:

- 1) Increase youth workers, educators, leaders personal and professional capacity through possibilities offered by Erasmus+ KA1 program
- 2) Encourage young people to take active part in local communities life by using tools and methods, gained through experiences and increased knowledge about Erasmus+ KA1
- 3) Encourage and support young people in making decisions and raise self-awareness in order to create, submit and implement projects in Erasmus+ KA1
- 4) By promoting E+ opportunities create space and time for young people to explore and experience different aspect of intercultural dimension
- 5) Build long qualitative partnership network among partner countries in the aspect of Erasmus+ KA1

Objectives:

- 1) Raise awareness about E+ opportunities
- 2) Increase the knowledge about E+ KA1
- 3) Offer a better comprehension of non formal education for learners
- 4) Build skills in qualitative aspects of international projects
- 5) Increase cultural awareness (improve English language skills)
- 6) Co-formulate innovative strategies and utilize them in the local communities
- 7) Build international partnerships among project countries

Eligible countries

According to the Erasmus + program, the project is open to participants from:

27 EU member states,

Iceland, Norway, Liechtenstein (the EFTA- EEA countries)

Switzerland, FYROM and Turkey (under specific conditions)

Neighboring countries

Profile of the participants

Potential participants are all young people who are:

- Experienced in European projects
- Above 18 years old;
- Motivated at the specific topic ;
- Able to use English as a working language (low level of English will limit the learning opportunities)
- Ready to fulfill an open and active role at the seminar; Able to attend the full duration of the seminar.
- Have the power/potential to implement the gained knowledge in local community

Priority will be given to young participants with social and/or economic difficulties.

NGOs are encouraged to include them in their sending groups.

Working language

English

Working methods

The workshop will be based on non-formal education, a learning and training process, operating outside the routines of the formal educational system. It will be based on the learning by participation methodology, taking into account the participants' needs and interests. Training will be not a neutral, invisible process, but it will be flexible, combine experience and theory. It will encompass involvement, exchange of experience and it will require willingness to giving and receiving support. The methods employed over the 7 days of the workshop will be:

- visual presentations;
- group work, group discussions and brainstorming;
- theatre games and role plays;
- study visits;
- case studies;
- group debates;
- Simulation activities

Group size

40-45 participants

Dates and Place

The project will take place in Greece, Thessaloniki from 01-08/10/2015

Accommodation: hotel Vergina (www.vergina-hotel.gr)

Financial conditions (food, accommodation, travel)

Travel expenses (upon presentation of **ALL** the relevant documents), food and accommodation will be covered by the Erasmus + program according to its rules.

(The National Agencies have new criteria to finance the travel costs, in the frame of Erasmus + They calculate them according to the distance. To calculate your cost please click this link: www.ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm.)

Fees

There will be a participation fee of 30 euro / participant.

How to become partner:

According to the Erasmus+ program
(http://ec.europa.eu/programmes/erasmus-plus/index_en.htm)

each organization or informal group has to register to the ECAS portal to obtain a PIC number.

(<https://webgate.ec.europa.eu/cas/eim/external/register.cgi>)

The PIC number allows you to participate in the project as partner.

Additionally you have to provide us information about your organization (fill attached file and sent it to us via e-mail).

Keep in mind that the selection of the partners will be according to specific criteria (e.g. similar actions or interests, motivation to participate) and will be announced to you via e-mail.

Details for the registration procedures:

http://ec.europa.eu/research/participants/portal/desktop/en/funding/reference_docs.html

In case you have any queries, do not hesitate to contact:

Natassa Timologou: n.timologou@hotmail.com

Deadline to send the attached application: 10th December 2014

AENAO's Profile

The NGO AENAO was established in 2006 and is actively involved in the field of non-formal education by developing and implementing a number of projects to promote health and social issues, as well as contributing in the development of cognitive, emotional, and behavioral skills. Moreover, it occupies a group of volunteers from a variety of scientific fields, and experienced scientists coordinate each project contributing by this way in its effectiveness.

AENAO aims to:

- Promote health by creating networks and implementing projects based on non-formal education and learning by experience methodology
- Undertake national and international collaboration with reliable agents, in order to exchange experience and best practices
- Design programs that encourage social cohesion, protect the human rights and respect the environment
- Empower women to take initiatives and improve their socio-economic status
- Empower young people, enhance and build their personal skills. Inform society on innovative programs and activities which are conferences, seminars, meetings, etc.
- Organize campaigns and initiatives that benefit the society
- Inform society on innovative programs and activities which are conferences, seminars, meetings, etc.

Want to know more? You can find more information on Aenao's website: <http://aenao.org>

