

Hours	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
8:30 - 9:30	Arrival	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:30 - 10:30		Ice breaking games	Educational visit to the Prefecture of Serres – Music performance (by students from the music high school)	Energizers	Emotions in conflict- Managing emotions (Anger Management and Appropriate Assertiveness)	Unleashing creativity Field trip / case studies - role playing-outdoor activities	Energizers	Departure
10:30 - 11:00		Presentation of Grundtvig & non-formal education. Getting to know each other		Behavior in conflict: The ways people deal with conflict			Presentation of participant's projects (...continue)	
11:00 - 11:30		Coffee break, space for informal discussions	Greetings from the prefect of Serres Mr Fotiadis Stefanos	Coffee break, space for informal discussions	Coffee break, space for informal discussions	Coffee break, space for informal discussions	Coffee break, space for informal discussions	
11:30 - 13:00		Introducing yourself in your own language	Greetings from a city hall representative Mrs Fraggedaki Nineta –Helen	Mapping the conflict	Anger management - Appropriate Assertiveness (...continue)	Principals of successful conflict resolutions created by participants - Broadening Perspective		
13:30 - 15:30		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
15:30 - 16:00		Energizers	Energizers	Energizers	Energizers	Energizers	Energizers	
16:00 - 17:30		Expectation of the participants	Understanding Conflict	Conflict & Communication: Conflict resolution skills with focus on Empathy and active listening	Intercultural conflict management: "Dealing with Diversity"	Introduction to Mediation skills	Final evaluation and ideas for a follow-up	
17:30 - 18:00		Coffee break, space for informal discussions	Coffee break, space for informal discussions	Coffee break, space for informal discussions	Coffee break, space for informal discussions	Coffee break, space for informal discussions	Coffee break, space for informal discussions	
18:00 - 19:30		group contract / building group cohesiveness	Conflict escalation / Levels of conflict	Empathy and active listening (...continue)	Stereotypes, racism, human rights	Presentation of participant's projects	International café and networking	
19:30 - 20:00		reflection groups	reflection groups	reflection groups	reflection groups	reflection groups		
20:00-21:00		Snack offered by Aenao	Dinner	Dinner	Dinner	Dinner	Dinner	
21:30 - ....			Intercultural evening	optional activities	Free time	movie (conflict )	free time	